

Sampada





The Official Bulletin of RCD Resources

February 28, 2023 Volume 1 Issue 13

Let's Serve Those Today Who Serve Us Everyday



100th Project Celebrated on 20.02.2023



Visit www.rcdelhiresources.rotaryindia.org for our Cub Activities







Message of Club President Rtn Sunil Kumar Day

We achieved two milestones this fortnight of February 2023 - 1st was the milestone of 100 Service Projects that we achieved and celebrated on 20.02.2023 in the

presence of our District Governor, Rtn. Ashok Kantoor and 1st Lady. Also present was our Zone 12 Assistant Governor Rtn. Arun Roongta. This target was achieved on completing six months of our Club Chartering.

The other milestone that I feel is very important in any club's history is the formation of next year's Board. As you all know Rotary year is from 1st July till 30th June. So on 1st July 2023 there will be Rtn. Rakesh Banga as our Club President and he has his team of Club Leaders / Board all decided on 28.02.2023. Not many clubs of our District can claim any of our two milestones!

Proud to be part of the Club that is exciting and active and serving the society.



A Note by Editor Rtn Vidushi Lal:

The month of February is very special in the Rotary calendar because it includes the anniversary of the first meeting of Rotary held on February 23, 1905, now designated as the World Understanding and Peace Day I would like to congratulate the president and the members for reaching a century in projects so guickly and efficiently.

Also a special thanks to our newest member, Mrs Suman Chopra for her quick and proactive contribution for the Club. Hopefully we will see more such members joining our Club and will take it to new heights.

Thank you for always reading our monthly bulletin. Please enjoy your copy and endeavor to share it with a friend to spread the world of our club.



Our Club is committed to hold various camps at the Ratan Chand Arya Public School, Sarojini Nagar, New Delhi - 110023 to celebrate the 200th birth anniversary (2023-24) of the founder of Arya Samaj, Swami Dayanand Saraswati.

The Arya Samaj itself is celebrating 150 years in 2023. This organization runs many schools in India. As literacy is one of our focus areas therefore we are naturally attracted to these schools.

"If you drop this one thought, 'What about me?' from your mind, you will become a living, walking temple.."

-Sadhguru

Board of Directors

President Sunil Kumar Day

President Elect / Treasurer

Rakesh Banga

Vice President Sunil Kapoor

Honorary Secretary

Nicoleta Ioana Ciufudean

Joint Secretary Sara Banga

IT / Social Media

Yaduinder Lal

Sgt-at-arms

Harish Dang

Club Service Vidushi Lal

CSR

Sunil Kapoor

Vocational Service

Alok Sahdev

Community Service

Dinesh Kumar Shrivastava

International Service

Nicoleta Ioana Ciufudean

New Gen. / Public Image

Niti Day

Membership

Alka Banga

The Rotary Foundation **Alok Sahdev**

Literacy (T-E-A-C-H)

Prabodh Kumar Dubey

Water Sanitation & Hygiene Gurmukh Kotwani

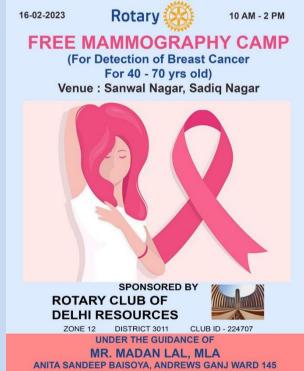




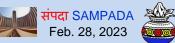




Thursday, 16th February 2023 - Our club organized a free Mammography Camp at Sanwal Nagar, Sadiq Nagar, New Delhi — 110049. Mr. Madan Lal, MLA and Ms. Anita Sandeep Baisoya, Councilor, Andrews Ganj Ward 145 were the Chief Guest and Guest of Honor respectively. The role of Mr. Khemchand Koli, President RWA Sanwal Nagar and his wife Shrimati Kamlesh Koli in conducting this successful camp is highly appreciated. The testing facilities are provided by the Mobile Mammography van, that is a project of Rotary Club Gurgaon. In a day 20 ladies can be checked and we met 100% target.







FEB 17, 2023



12:30 till 1:30 PM

DISTRIBUTION OF SANITARY NAPKINS

Venue: LODHI COLONY SLUM



SPONSORED BY ROTARY CLUB OF DELHI RESOURCES



CLUB ID - 22470

SANITARY NAPKINS SUPPLIED BY
ROTARY CLUB OF ROHTAK SCHOLARS

UNDER THE GUIDANCE OF

MR. MADAN LAL, MLA

ANITA SANDEEP BAISOYA, ANDREWS GANJ WARD 145



On 17th February 2023 RCD Resources distributed 60 packets of Sanitary Napkins (with 6 napkin in each pack) to young girls and women at Lodhi Colony Slum (Harijan Camp), New Delhi - 110003. Each girl / women was given 2 packets. We will revisit and give additional supplies for next 3 months. The Sanitary Napkins were supplied by Saidham Faridabad / Rtn. Ravi Gugnani of Rohtak Scholars Club. The distribution was done by the Police Escort with SHO; Mrs. Anita Sandeep Baisoya, Councilor and 1st Lady Rtn. Niti Day. The event was also attended by Mr. Madan Lal, MLA the Chief Guest and AG Rtn. Arun Roongta, Zone 12 as well as SHO of PS Lodhi Colony. Also the role of Mr. Yogesh Khetarpal in conducting this successful camp is highly appreciated.



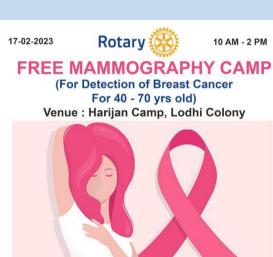












Friday, 17th February 2023 - Our club organized a free Mammography Camp at Lodhi Colony Slum (Harijan Camp), New Delhi - 110003. Mr. Madan Lal, MLA and Ms. Anita Sandeep Baisoya, Andrews Ganj Ward 145 were the Chief Guest and Gust of Honor respectively. The event was also attended by AG Rtn. Arun Roongta, Zone 12 as well as SHO of PS Lodhi Colony. Also the role of Mr. Yogesh Khetarpal in conducting this successful camp is appreciated. The testing facilities are provided by the Mobile Mammography van, that is a project of Rotary Club Gurgaon. In a day 20 ladies can be checked and we met 100% target



DISTRICT 3011 CLUB ID - 224707

UNDER THE GUIDANCE OF

ROTARY CLUB OF DELHI RESOURCES

ZONE 12

MR. MADAN LAL, MLA ANITA SANDEEP BAISOYA, ANDREWS GANJ WARD 145

SPONSORED BY



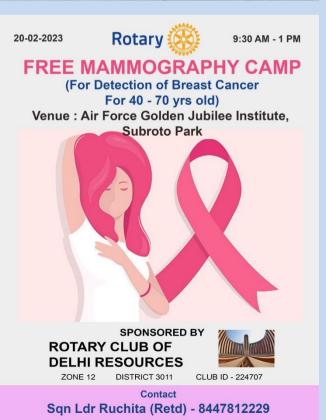


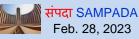
Monday, 20th February 2023 - Our club organized a free Mammography Camp at Air Force Golden Jubilee Institute, Subroto Park, New Delhi -110010. The project was initiated with the approval of School Principal Ms. Poonam S Rampal and Administration Officer Sqn. Ldr. Ruchita (Retd) conducting this successful camp hiahlv is appreciated The testing facilities are provided by the Mobile Mammography van, that is a project of Rotary Club Gurgaon. In a day 20 ladies can be checked and we met 100% target.



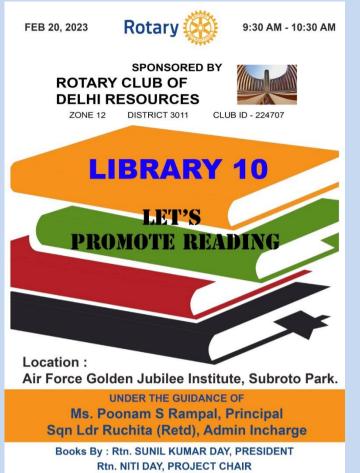








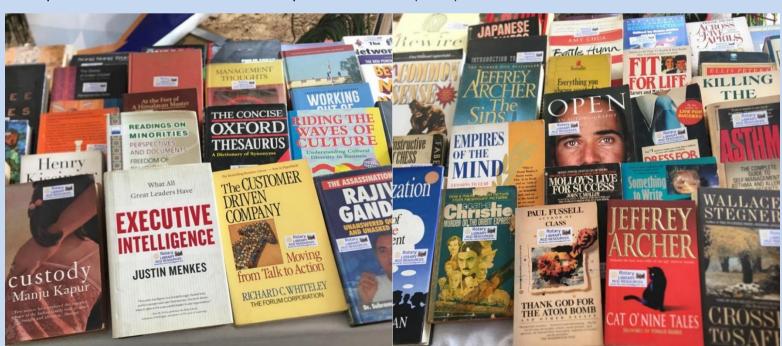








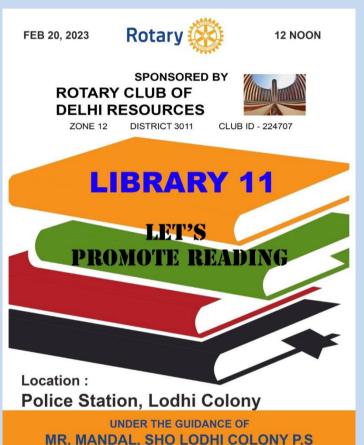
Let's Promote Reading - This Signature Project has been initiated / conceived by Rtn. Sunil Kumar Day, President and 1st Lady Rtn. Niti Day, Project Chair - to be at multiple locations. There are books of Management / Spiritual / Cookery/ Fiction and General Knowledge for all ages in English to start with. More books will be provided as soon as the renovation of school library is over. This is a beautiful large school and a lot can be done here by our Club. The project was highly appreciated by all the teachers. Today, 20th February 2023 we started Library #10 with 101 books at Air Force Golden Jubilee Institute, Subroto Park, New Delhi - 110010. The project was initiated with the approval of School Principal Ms. Poonam S Rampal and Administration Officer Sqn. Ldr. Ruchita (Retd).



Visit www.rcdelhiresources.rotaryindia.org for our Cub Activities

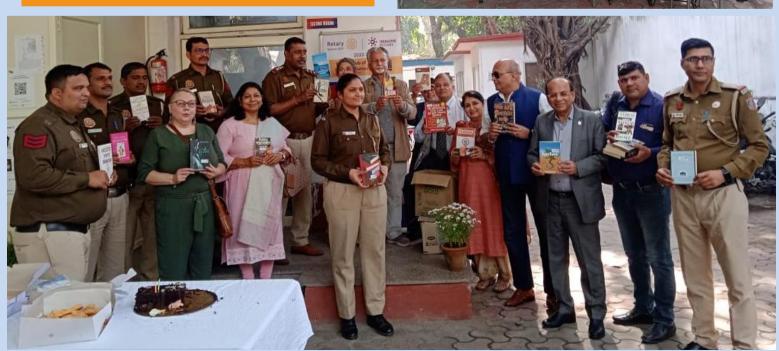






This was our 100th Service Project. This milestone was celebrated in the presence of DG Ashok Kantoor and 1st Lady Alka Kantoor; District Secretary Anil Kakkar; AG Arun Roongta. The occasion was also graced by the presence of Rtn A K Marya, President of RCD Ridge. From our Club PE Rakesh Banga; Rtn Harish Dang; Secretary Nicoleta; Rtn Kumudni; Rtn Mohd Amin along with club President Sunil Day & 1st Lady Rtn Niti Day. Let's Promote Reading - This Signature Project has been initiated / conceived by Rtn. Sunil Kumar Day, President and 1st Lady Rtn. Niti Day, Project Chair - to be at multiple locations. There are books of Management / Spiritual / Cookery/ Fiction and General Knowledge for all ages in English to start with. Today, 20th February 2023 we started Library #11 with 101 books at Police Station, Lodhi Colony, New Delhi - 110003. The project was done under the guidance of Inspector Sanjiv Mandal, SHO. Media was present to cover Police Week and interviewed SHO; DG; AG & Sunil Day





Visit www.rcdelhiresources.rotaryindia.org for our Cub Activities





















Our Club RCD Resources Zone 12, District 3011, celebrated it's landmark 100th Project this Rotary year on 20th February 2023 at Police Station Lodhi Colony. DG Ashok Kantoor was the Chief Guest along with 1st Lady Ro'ann Alka Kantoor Ji. Our Zone 12 AG Arun Roongta supported us all along in achieving this target and he was present there. The press was also present and capsules were about Rotary & our Projects were uploaded on YouTube. Congratulations to all









Monday, 20th February 2023 - A General Health Check-up Camp was conducted by RCD Resources and other Rotary Clubs of Zone 12 of District 3011 on the occasion of National Police Week at Police Station, Lodhi Colony, New Delhi -110003. This is for the benefit of the staff / family members of police. It started at 10:00 am and continued till 2:00 pm. The testing equipment were provided by Aakash Health Care Super Specialty Hospital, Dwarka. There were 80 beneficiaries of different age groups. The presence of DG Ashok Kantoor and 1st Lady Alka Kantoor; District Secretary Anil Kakkar; AG Arun Roongta. The occasion was also graced by the presence of Rtn A K Marya, President of RCD Ridge. From our Club PE Rakesh Banga; Rtn Harish Dang; Secretary Nicoleta; Rtn Kumudni; Rtn Mohd Amin along with club President Sunil Day & 1st Lady Rtn Niti Day. The project was held under the guidance of Inspector Sanjiv Mandal, SHO.









On 20th February 2023 Our club organized a free Neuro Consultation Camp in collaboration with all the Zone 12 Clubs on the occasion of National Police Week at Police Station, Lodhi Colony, New Delhi - 110003. The check-up camp was done by Dr. Aditya Bhati, Consultant Neurosurgeon & Spine Surgeon Indraprastha Apollo Hospitals, New Delhi. The camp started at 10:00 am and finished at 4:00 pm. There were 30 beneficiaries of different age groups. The presence of DG Ashok Kantoor and 1st Lady Alka Kantoor; District Secretary Anil Kakkar; AG Arun Roongta. The occasion was also graced by the presence of Rtn A K Marya, President of RCD Ridge. From our Club PE Rakesh Banga; Rtn Harish Dang; Secretary Nicoleta; Rtn Kumudni; Rtn Mohd Amin along with club President Sunil Day & 1st Lady Rtn Niti Day. The project was held under the guidance of Inspector Sanjiv Mandal, SHO.













Monday 20th February 2023 - Our club organized an Eye Check-up Camp in collaboration with all the Zone 12 Clubs on the occasion of National Police Week at Police Station, Lodhi Colony, New Delhi -110003. The check-up started at 10 am and finished at 2 pm. The testing facilities were provided by the Van of Center for Sight. Centre for Sight is registered in many states under the Nursing Home Act by the Directorate General of Health Services. Their eye bank is well established and situated at Preet Vihar, Delhi. There were over 90 beneficiaries of different age groups. The presence of DG Ashok Kantoor and 1st Lady Alka Kantoor; District Secretary Anil Kakkar; AG Arun Roongta. The occasion was also graced by the presence of Rtn A K Marya, President of RCD Ridge. From our Club PE Rakesh Banga; Rtn Harish Dang; Secretary Nicoleta; Rtn Kumudni; Rtn Mohd Amin along with club President Sunil Day & 1st Lady Rtn Niti Day. The project held under the guidance of Inspector Sanjiv Mandal, SHO.





Visit www.rcdelhiresources.rotaryindia.org for our Cub Activities









On 20th February 2023 - Our club organized a Dental Check-up Camp in collaboration with all the Zone 12 Clubs on the occasion of National Police Week at Police Station, Lodhi Colony, New Delhi - 110003. The check-up camp was setup by Clove Dental and it started at 10:00 am and finished at 2:00 pm. There were 55 beneficiaries of different age groups. The presence of DG Ashok Kantoor and 1st Lady Alka Kantoor; District Secretary Anil Kakkar; AG Arun Roongta. The occasion was also graced by the presence of Rtn A K Marya, President of RCD Ridge. From our Club PE Rakesh Banga; Rtn Harish Dang; Secretary Nicoleta; Rtn Kumudni; Rtn Mohd Amin along with club President Sunil Day & 1st Lady Rtn Niti Day. The project was held under the guidance of Inspector Sanjiv Mandal, SHO.







FREE DENTAL CHECK-UP

ON THE OCCASION OF POLICE WEEK

VENUE: POLICE STATION, VASANT KUNJ



SPONSORED BY ROTARY CLUB OF DELHI RESOURCES



ZONE 12 DISTRICT 3011

CLUB ID - 224707

UNDER THE GUIDANCE OF RTN ARUN ROONGTA, A.G. SHO VASANT KUNJ POLICE STATION

Rtn. SUNIL KUMAR DAY, CLUB PRESIDENT - 9911894444 Rtn. RAKESH BANGA, PRESIDENT ELECT. Rtn. NICOLETA, CLUB SECRETARY





On 21st February 2023 - Our club organized a Dental Check-up Camp. It was conducted by Clove Dental and organized by RCD Resources on the occasion of National Police Week at Police Station, Vasant Kunj, New Delhi – 110070. This is for the benefit of the staff / family members of police. The check-up camp was setup by Clove Dental and it started at 10:00 am and finished at 2:00 pm. There were 11 beneficiaries of different age groups. The project was held under the guidance of AG Arun Roongta and SHO Inspector Surya Prakash.

















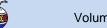
Tuesday, 21st February 2023 – A General Health Check-up Camp was conducted by Fortis Hospital, Vasant Kunj and organized by RCD Resources on the occasion of National Police Week at Police Station, Vasant Kunj, New Delhi – 110070. This is for the benefit of the staff / family members of police. It started at 11:00 am and continued till 2:00 pm. The testing equipment were brought by Fortis Hospital, Vasant Kunj. There were 70 beneficiaries of different age groups. The project was held under the guidance of AG Arun Roongta and SHO Inspector Surya Prakash.



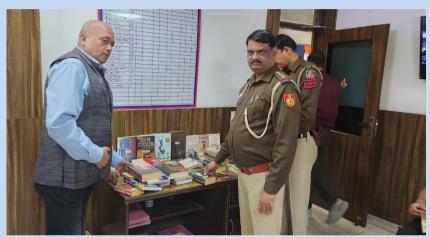


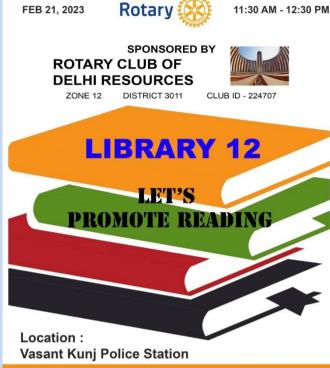






Let's Promote Reading - This Signature Project of the Club has been initiated / conceived by Rtn. Sunil Kumar Day, President and 1st Lady Rtn. Niti Day, Project Chair - to be at multiple locations. There are books of Management / Spiritual / Cookery/ Fiction and General Knowledge for all ages in English to start with. Today, 21st February 2023 we started Library #12 with 71 books at Police Station, Vasant Kunj, New Delhi - 110070. The project was done under the guidance of AG Arun Roognta and SHO Inspector Surya Prakash.





UNDER THE GUIDANCE OF SHO Inspector Surya Prakash Rtn. Arun Roongta AG

Books By: Rtn. SUNIL KUMAR DAY, PRESIDENT Rtn. NITI DAY, PROJECT CHAIR







Visit www.rcdelhiresources.rotaryindia.org for our Cub Activities









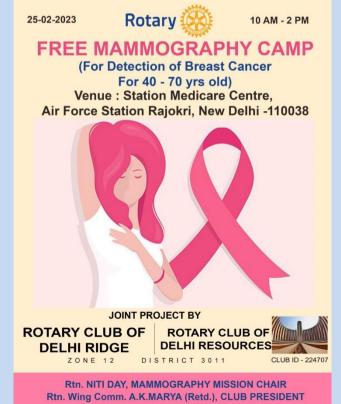








Saturday, 25th February 2023 – This was a joint project done by RCD Ridge and our Club organized this free Mammography Camp at Station Medicare Centre, Air Force Station, Rajokri, New Delhi – 110038. The project was initiated by the Mission Mammography Chair Rtn. Niti Day. And the SMO Dr. Brij Mohan Dang was positive about this camp. The testing facilities are provided by the Mobile Mammography van, that is a project of Rotary Club Gurgaon. In a day 20 ladies can be checked and we met 100% target.



Rtn. SUNIL KUMAR DAY, CLUB PRESIDENT

Contact: SMO Dr. Brij Mohan Daga





This celebration was for the Dada / Dadi and Nana / Nani (Grandparents) of the students of Nursery and KG classes. The young students performed for Grandparents and Teachers who were delighted. The 1st Lady Rtn. Niti Day addressed as the Chief Guest about the importance of reading and writing. Selected grandparents and the chief guest planted few pots. All the grandparents were gifted a mug with the message of 200 years of Swami Dayanand Saraswati. These 108 mugs were provided by our club. We also provided cookies to be served with tea / coffee at the function. President of RCD Ridge, Rtn. A K Marya visited the school for a short visit after the program. This was the very first Grandparents Day celebration by the school and its success today will encourage the school to repeat it often. For the 1st time such a mug was presented by any Arya Samaj School - we are proud. For this successful delivery of mugs to our designs on most economical rate is for the efforts of Rtn. Suman Chopra Ji.





25-02-2023



10:00 AM - 12 NOON

GRANDPARENTS DAY

Venue: RATTAN CHAND ARYA PUBLIC SCHOOL. ARYA SAMAJ, SAROJINI NAGAR



ROTARY CLUB OF **DELHI RESOURCES**



ZONE 12

DISTRICT 3011

Contact MRS. ABHA KHANDURI, PRINCIPAL MRS. TRIPTA SHARMA (MANAGER)

Rtn. SUNIL KUMAR DAY, CLUB PRESIDENT Rtn. RAKESH BANGA, PRESIDENT ELECT. Rtn. NICOLETA, CLUB SECRETARY





Visit www.rcdelhiresources.rotaryindia.org for our Cub Activities



Rtn. DR. SAVITA CHOPRA, CO-ORDINATOR Rtn. NITI DAY, MAMMOGRAPHY MISSION CHAIR Rtn. BRIG. VIJAY CHOPRA (Retd.), CLUB PRESIDENT Rtn. SUNIL KUMAR DAY, CLUB PRESIDENT

Contact: Ms. MEGHNA SEN, PROJECT INCHARGE, SEC-21



This joint project done by RC Gurgaon and RCD Resources for RWA of Sector Guruaram. -21. Haryana. Due to problems of taking / driving the mammography van inside Sector 21 it was decided to hold the camp at adjoining Sector-22 within premises of Rotary Public School. In a day 20 ladies can be checked and we 100% met target. Following Rotarians of both Clubs were present: Savita Chopra; PDG Dr Sushil Khurana. Dr Pushpa Sethi. Dr Himanshu Lall, Dr Savita Chaudhary, Sushma Jain. Also Rtn. Sunil Kumar Day with 1st Lady, Rtn. Niti Day. appreciate crucial roles of RWA Sector – 21 specially Anil Bhatia Mr. initiated this project by approaching Rtn. Sunil Day and Ms. Meghna Sen who took charge coordinating were highly appreciated. The **RWA** officials Mr. Chiranjiv Singh Meghna Ms. Sen facilitated the President & 1st Lady.



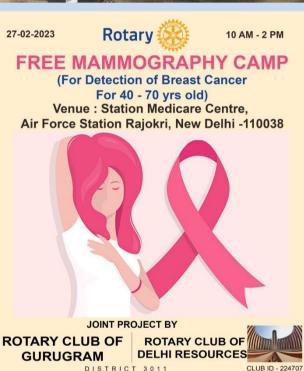












Rtn. DR. SAVITA CHOPRA, CO-ORDINATOR Rtn. NITI DAY, MAMMOGRAPHY MISSION CHAIR Rtn. BRIG. VIJAY CHOPRA (Retd.), CLUB PRESIDENT Rtn. SUNIL KUMAR DAY, CLUB PRESIDENT

Contact : SMO Dr. Brij Mohan Daga

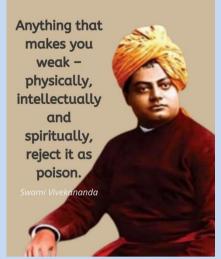




Monday, 27th February 2023 - This was a joint project done by RC Gurgaon & RCD Resources at Station Medicare Centre, Air Force Station, Rajokri. project initiated the The was by Mission Mammography Chair Rtn. Niti Day. The testing facilities are provided by the Mobile Mammography van, that is a project of Rotary Club Gurgaon. In order to give the patient a fair chance of survival it is mandatory that the cancer be detected in the early stage. For this all ladies above 40yrs should undergo preventive mammography screening once in a year. In a day 20 ladies can be checked and we met 100% target. The 1st Lady of RC Gurgaon Dr. Savita Chopra and 1st Lady Niti Day addressed the beneficiaries. Pamphlets regarding breast cancer were distributed and it was agreed that 3rd camp is required at the venue to cover the remaining eligible ladies. The Director of AFWWA, Mrs. Ritu Sharma facilitated the Rtn. Sunil Day & 1st Lady Niti Day as well as van staff as a gesture of appreciation.



The Board Meeting #6 for February 2023 was held on 28.02.2023 at the India Habitat Center. The only Agenda was to finalize the Board for 2023-24 and Board formed without was election on unanimous basis. The new Board have been Rotary uploaded on International website and Rotary India website.







Fellowship Meeting was held over Buffet Breakfast at IHC earlier today. Our new member Rtn Suman Chopra Ji got her Rotary Pin from the 1st Lady Rtn Niti Day and Club Flag from the President Rtn Sunil Day. She managed to join us in spite of her busy schedule due to examination in her school. She is warmly welcomed in the Rotary Family. The Board Meeting took place after the fellowship meeting. Our Joint Sara Secretary Rtn Banga was photographer once again and that is greatly appreciated.











Sampada

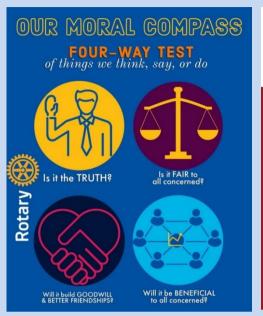


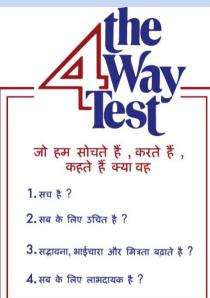


The Official Bulletin of RCD Resources

February 28, 2023 Volume 1 Issue 13

Let's Serve Those Today Who Serve Us Everyday





"Ultimately, your success in life depends on how much clarity you have."

-Sadhguru

व्यंग के रंग

कैसा है ये रूप व्यंग का

जीवन से लडते अजब जंग का

प्रकाश से दूर लगती है भोर

बाहर हंसी दिखती नहीं अंदर है बहुत शोर

कुछ समझ में आता नहीं

हँसना भी अब भाता नहीं

कैसे हँसे हम रास्तों पे चल रहे मज़दूर पर

जिसने खिलाया है सभी को उम्र भर

और ख़ुद जो भूख से है मर गया

हाय कैसा व्यंग सब पर कर गया

क्या क़ोई हँस पायेगा फिर से कभी

जीवित रहते ये बोझ जायेगा कभी

कुमदनी ।।

Celebrations of March / April

March

April

- Rtn. Pradeep Pangasa & Anne Sarita Pangasa
- Rtn. Rajni Ohri Lal 5
- 10 Rtn. Ranjit Choudhary & Anne Rekha
- 31 Rtn. Yogesh Sharma

Birthday

- 15 Rtn. Himinder Lal
- 26 Rtn. Prabodh Kumar Dubey
- 27 Rtn. Pradeep Kumar Pangasa

Birthday Birthday

Anniversary

Anniversary

Birthday

Birthday